

# Czech Dance Platform 2023

Dear Friend,

We are very pleased to welcome you to Prague for the 29<sup>th</sup> Czech Dance Platform, we hope you will feel at home here!

We have prepared this package for you loaded with information to help you satisfy your every need and desire. Please enjoy this friendly companion during your stay.

Let us dance together through the beauties and attractions of Prague, which is known as the "Heart of Europe".

It is a pulsating city, with hot blood flowing through its arteries, a place that always leaves you feeling culturally satisfied.

We want you to feel terrific here and now during your time with us!

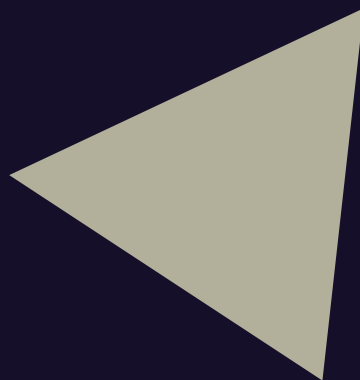
Welcome to Prague!

Yvona Kreuzmannová Director and founder of Tanec Praha,  
Markéta Perroud Artistic co-director of Tanec Praha  
& the team of Tanec Praha

# GENERAL INFORMATION INFODESK

## MEETING POINT

PONEC - dance venue  
Husitská 899/24A, Praha 3  
[www.divadloponec.cz](http://www.divadloponec.cz)  
Public transport connection  
Metro C – Florenc (10 min by walk)  
Bus 133, 175, 207 – U památníku or Pernerova



## CONTACTS

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# VENUES

<sup>1</sup> PONEC - dance venue  
MEETING POINT  
Husitská 899/24A, Praha 3  
[www.divadloponec.cz](http://www.divadloponec.cz)

<sup>2</sup> Alfred in the Courtyard  
Františka Křížka 495/36, Praha 7  
[www.alfredvedvore.cz](http://www.alfredvedvore.cz)  
Public transport connection  
Metro C - Vltavská  
Tram: 1, 5, 8, 12, 17, 25, 26 - Strossmayerovo náměstí,  
Kamenická, Veletržní

<sup>3</sup> Archa Theatre  
Na Poříčí 1047/26, Praha 1 - Nové Město  
[www.divadloarcha.cz](http://www.divadloarcha.cz)  
Public transport connection  
Metro C - Florenc  
Tram 8, 3, 24 - Bílá labuť

<sup>4</sup> X10 Theatre  
Charvátova 10/39, Praha 1  
[www.divadlox10.cz](http://www.divadlox10.cz)  
Public transport connection  
Metro B - Národní třída  
Tram 1, 2, 9, 18, 22

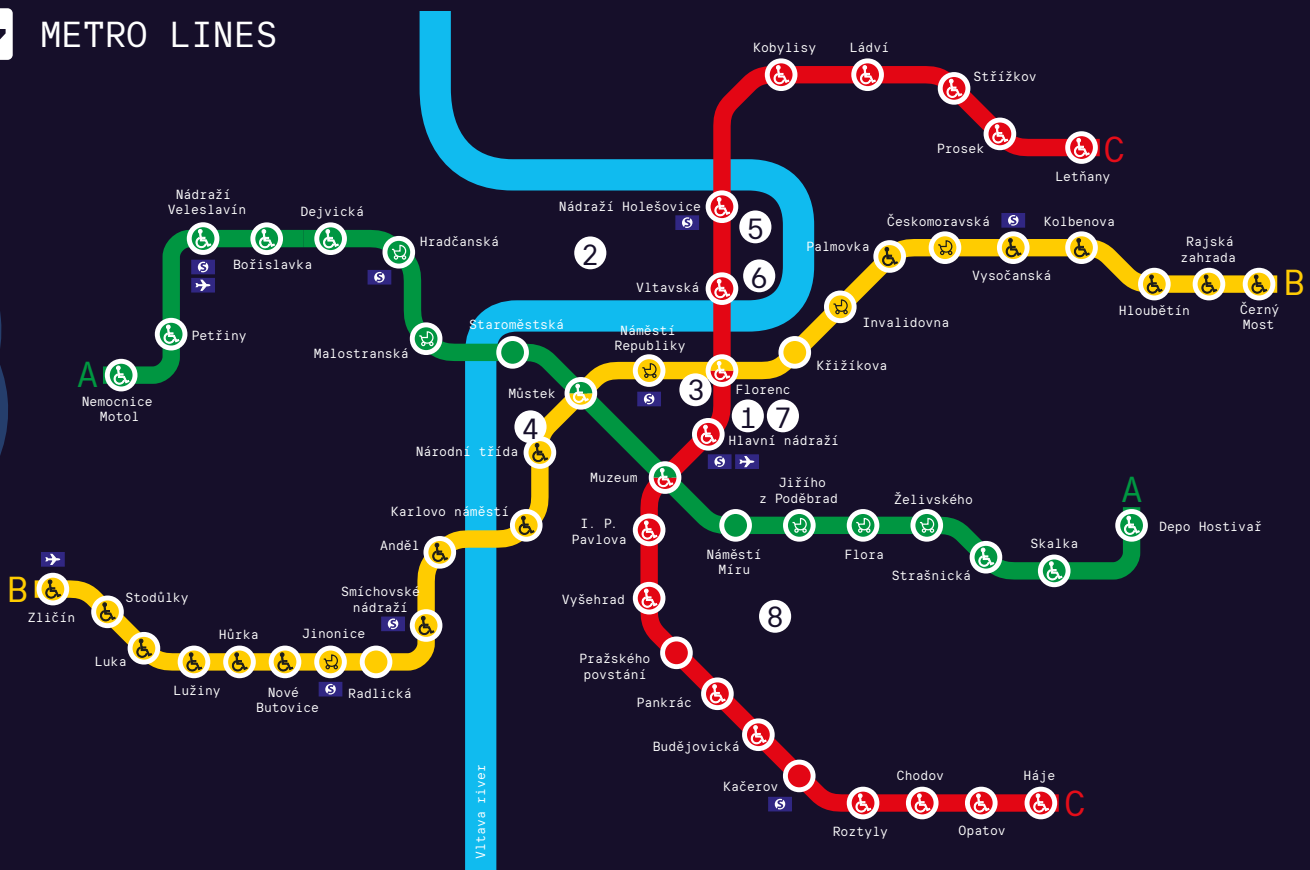
<sup>5</sup> DOX  
Poupětova 1, Praha 7  
[www.dox.cz](http://www.dox.cz)  
Public transport connection  
Metro C - Vltavská  
Tram 6, 12 - U Průhonu

<sup>6</sup> Jatka 78  
Pražská tržnice, hala 7 & 8  
Bubenské nábřeží 306/13, Praha 7  
[www.jatka78.cz](http://www.jatka78.cz)  
Public transport connection  
Metro C - Vltavská  
Tram 1, 12, 14, 25 - Holešovická tržnice

<sup>7</sup> Unijazz  
Husitská 22, Praha 3 - Žižkov  
Public transport connection  
Metro C - Florenc  
Bus 133, 175, 207 - U památníku or Pernerova

<sup>8</sup> Vzlet  
Holandská 669/1, Praha 10 - Vršovice  
[www.vzlet.cz](http://www.vzlet.cz)  
Public transport connection  
Tram 4, 13, 22, 25, 36

## METRO LINES



# TRANSFERS

## ARRIVAL / DEPARTURE - Airport / train station

You can easily take the **Airport Express** from the airport, which ends at Main Railway Station (Hlavní nádraží station), which is in the city center.

The Airport Express bus tickets may be purchased in the Visitors Centre at Arrival Hall or directly from the driver

(100 CZK - approx. 4€).

From the Main Railway Station (Hlavní nádraží station) you can easily reach the tram n. 9, 15, 26, 5.

## CITY TRANSPORTATION

Prague has one of the most comprehensive transportation networks in the world. Information about public transportation in Prague only (metro, tram, buses):

**[pid.cz/en](http://pid.cz/en)**

Information about public transport in Prague as well as train and bus connection in the Czech Republic is available at: **[www.idos.cz](http://www.idos.cz)**

### METRO

Prague Metro has 3 lines marked A (green), B (yellow), C (red).

Metro operation hours:

Mon - Thu 5:00 - 24:00

Fri - Sun 5:00 - 01:00

### TRAM

Day lines (routes 1 - 26)

operate from 4:30 - 24:00

Night lines (routes 91 - 99)

operate from 24:00 - 4:30

## FARES

Traveling by public transportation is only possible with a valid ticket. Passangers have to obtain their tickets before boarding the vehicle or entering the Metro system.

The ticket is valid only if market.

Tickets can be bought at Metro stations or at Prague Public Transport Company etc, hotels etc.

Single tickets can also be bought from machines located at Metro stations or near some of the tram / bus stops or in tram and buses.

30 CZK - 30 minutes

40 CZK - 90 minutes

120 CZK - 24 hours

330 CZK - 72 hours

# BASIC PRACTICAL INFORMATION

## EMERGENCY PHONE NUMBER

These emergency institutions have only 3 digits phone numbers, you can reach them also by mobile phones without inserted SIM card, and they are for free.

Universal European emergency telephone number: 112  
Police: 158  
City police: 156  
Fire – fighters: 150  
Ambulance: 155

## LANGUAGE

The official language is Czech. Most of the people have at least basic knowledge of English.

## WEATHER

The average temperature for the city in springtime begins at 7°C, created by highs of 15 – 20°C during the daytime and lows of 7 – 11°C after dark.

## TIME ZONE

CET /UTC + 1

## ELECTRICITY

To connect to the power grid, Czechs use the Europlug (which is usually two – pronged) also typical for Poland, Greece, Germany and France, if you come from some place else get an adaptor (f.e. at the airport)

## WATER

Tap water is perfectly fine and safe to drink. Most of the restaurants serve tap water for free, but some might charge for that.

## SMOKING

Smoking is prohibited in public areas (public transport platforms – bus and tram stops, train stations, on public transport, in cultural facilities, in healthcare facilities). Smoking is also prohibited in all dining establishments and in all closed spaces.

## LGBTQ

The Czech Republic is considered one of the most liberal Central European countries with regard to lesbian, gay, bisexual, transgender rights. In 2006 it legalized registered partnerships for same-sex couples. Check in to a double hotel room should not be a problem.

## CURRENCY AND EXCHANGE

The official currency of the Czech Republic is Czech crown (koruna), abbreviated as Kč, or internationally known as CZK. The approximate value of 100 CZK is for now 4 EUR. Do not exchange your money at the airport or Main Railway Station.

## TAXI

Don't get into a taxi that is parked in front of the train station or at a tourist site, they will rip you off. If you want to make sure you will pay a fair rate, it is always better to call a taxi or the best is to use Uber, Bolt or a Czech alternative app – Liftago.

## HEALTH SERVICE

Health care providers within the EU accept all patients with the European health insurance card. In case of acute illness or injury you will be treated by any hospitals. The most central hospital emergency ward is at Na Františku hospital on the ground floor. The hospital is located by the river at Na Františku 8 (Prague 1).

## CZECH GIFTS

Becherovka herbal liqueur made from a wide variety of spices and herbs. It has 38% alcohol content. Hašlerky hard boiled candy with herb and menthol flavor. Lázeňské oplatky traditional crisp spa wafers with many different flavors. You can buy them in a grocery store, make sure they they are made by Opavia. Slivovice a strong spirit burnt from plums. Vincentka rare salt and healthy mineral water from Luhačovice.

The closest shopping mall from PONEC – dance venue is Palladium, nám. Republiky 1, Prague 1

## EATING OUT

What is local food? It is hard to say since most of Czech cuisine is a mix of Austro – Hungarian traditional cuisine with occasional German, Polish or Hungarian influences.

## Safe bets includes:

Svíčková a slow cooked beef in a sweet creamy vegetable sauce. Fruit dumplings a favourite sweet food. Chlebíček a small, delightfully arranged open faced sandwich on white bread that Czech often make or buy when they celebrate and want some easy finger food. Větrník a pastry shop favourite made of puff pastry filled with white and caramel whipped cream and topped with a sweet caramel glaze.

# WHERE TO EAT (CLOSE TO PONEC - DANCE VENUE)

CHARLESTON RESTAURANT  
[www.charlestonrestaurant.cz](http://www.charlestonrestaurant.cz)  
Křižíkova 208/55, Praha 8  
+420 222 322 098  
Mon - Fri 11:00 - 23:30  
Sat + Sun 11:30 - 23:30

GATE RESTAURANT  
[www.gate-restaurant.cz](http://www.gate-restaurant.cz)  
Different cuisines  
Sokolovská 539, Praha 8  
+420 224 815 305  
Mon - Fri 11:00 - 23:00  
Sat + Sun 12:00 - 23:00

INDIAN BY NATURE  
[www.ibn-restaurant.cz](http://www.ibn-restaurant.cz)  
Pernerova 478/1, Praha 8  
+420 601 200 198  
Mon - Fri 11:00 - 23:00  
Sat 12:00 - 22:30

NEJEN BISTRO  
[www.nejenbistro.cz](http://www.nejenbistro.cz)  
Křižíkova 24, Praha 8  
+420 721 249 494  
Mon - Fri 11:00 - 23:00  
Sat + Sun closed

LOKÁL HAMBURK  
[lokal-hamburk.ambi.cz](http://lokal-hamburk.ambi.cz)  
Pilsner Urquell beer pub  
Sokolovská 55, Praha 8  
+420 222 310 361  
Mon - Sat 11:00 - 24:00  
Sun 11:00 - 23:00

DVA KOHOUTI  
[www.dvakohouti.cz](http://www.dvakohouti.cz)  
Local brewery with beer garden  
Sokolovská 81/55, Praha 8  
+420 604 611 001  
Mon - Fri 15:00 - 01:00  
Sat 12:00 - 01:00  
Sun 12:00 - 22:00

CIHELNA LA FAMILIA  
[cihelnalafamilia.cz](http://cihelnalafamilia.cz)  
Pizzeria  
Křižíkova 179/26, Praha 8  
+420 222 311 233  
Mon - Sun 11:00 - 24:00

DHABA BEAS  
[dhababeas.cz](http://dhababeas.cz)  
Self-service vegetarian and  
vegan restaurant, Indian, Thai,  
Vietnamese and Czech cuisine.  
Na Poříčí 1046/24, Praha 1  
+420 725 963 536  
Mon - Fri 11:00 - 21:00  
Sat + Sun 12:00 - 20:00

LOVING HUT  
[www.lovinghut.cz](http://www.lovinghut.cz)  
Vegan, Dům Černá labuť  
Na Poříčí 25, Praha 1  
+420 775 999 376  
Mon - Sun 11:00 - 21:00

KOLKOVNA CELNICE  
[www.kolkovna.cz](http://www.kolkovna.cz)  
Czech cuisine  
V Celnici 1031/4, Praha 1  
+420 224 212 240  
Mon - Sun 11:00 - 24:00

## CAFÉ

KASÁRNA KARLÍN - CAFÉ BAZÉN  
[www.kasarnakarlin.cz](http://www.kasarnakarlin.cz)  
Prvního pluku 20/2 by Negrelli viaduct  
Mon - Fri 13:00 - 22:00  
Sat + Sun 10:00 - 22:00

PARLOR CAFÉ  
[www.parlor.cz](http://www.parlor.cz)  
Křižíkova 197/37, Praha 8  
Mon - Fri 8:00 - 18:00  
Sat - Sun 9:00 - 18:00

MŮJ ŠÁLEK KÁVY  
[mujsalekkavy.cz](http://mujsalekkavy.cz)  
Křižíkova 386/105, Praha 8  
+420 725 556 944  
Mon - Sat 9:00 - 21:00  
Sun 10:00 - 18:00

EMA ESPRESSO BAR  
[www.emaespresso.cz](http://www.emaespresso.cz)  
Na Florenci 3, Prague 1  
Mon - Fri 8:00 - 18:00  
Sat + Sun 10:00 - 18:00  
Thámova 13, Prague 8  
Mon - Fri 8:00 - 18:00  
Sat + Sun 10:00 - 18:00

The background is a dark navy blue. It features several abstract shapes: a thick orange curved band at the top left; a large teal shape at the top right; a teal shape at the bottom left; a light blue circle at the top center; a purple circle below it; a light green circle on the left; a light green circle on the right; a pink circle at the bottom left; and a pink circle at the bottom right.

WE LOOK FORWARD  
TO MEETING YOU ALL  
SOON IN PRAGUE!